



## GROUP SCHEDULE



DAY	TIME	CLASS FORMAT
<b>MONDAY</b>	<b>9:00a</b>	<b>GROUP RIDE</b>
	<b>10:15a</b>	<b>Pilates Mat</b>
	<b>6:30p</b>	<b>GROUP RIDE</b>
<b>TUESDAY</b>	<b>6:30a</b>	<b>GROUP RIDE</b>
	<b>9:00a</b>	<b>GROUP POWER</b>
	<b>6:30p</b>	<b>GROUP POWER</b>
<b>WEDNESDAY</b>	<b>9:00a</b>	<b>GROUP RIDE</b>
	<b>10:15a</b>	<b>Pilates Mat</b>
	<b>6:30p</b>	<b>GROUP RIDE</b>
<b>THURSDAY</b>	<b>7:00a</b>	<b>GROUP RIDE</b>
	<b>9:00a</b>	<b>GROUP POWER</b>
	<b>6:30p</b>	<b>GROUP POWER</b>
<b>FRIDAY</b>	<b>9:00a</b>	<b>GROUP RIDE</b>
	<b>10:15a</b>	<b>Pilates Mat</b>
<b>SATURDAY</b>	<b>8:00a</b>	<b>GROUP POWER</b>
	<b>9:15a</b>	<b>GROUP RIDE</b>
<b>SUNDAY</b>	<b>9:00a</b>	<b>GROUP RIDE</b>